

Al-Anon/Alateen Meetings

Sunday - 7:00PM Serene Teens Alateen InPerson Mtg
First Congregational United Church of Christ, 7243 E. South River St., **Appleton, WI.** Board Room, last door on left. **Note: Al-Ateen meetings to begin 9/10/23.**

Sunday - 7:00PM Sunday Spiritual Awakening AFG InPerson Mtg. First Congregational United Church of Christ, 7243 E. South River St., **Appleton, WI.** Held in Narthex, first door on right. (AA also meets downstairs)

Sunday - 7:00PM Sunday Serenity AFG, InPerson Mtg. St. Paul Lutheran Church, 200 N. Commercial Street, **Neenah, WI.** Enter via Door A follow signs to classroom #5 downstairs, doors will lock at 7:10PM.

Monday - 6:00PM Never Alone AFG, Hybrid Mtg.
Kaukauna Public Library, 207 Thilmany Rd, #200, **Kaukauna, WI.** Meeting ID: 788 733 701, PW: 252666. Meeting held in the boardroom.

Monday - 8:00PM Serenity Through Progress AFG Zoom Mtg, Meeting ID: 788 733 701, PW: 252666

Tuesday - 8:30AM Attitude of Gratitude AFG (Book Study), Zoom Mtg. Meeting ID: 788 733 701, PW: 252666

Tuesday - 9:30AM Attitude of Gratitude AFG, Hybrid Mtg. First United Methodist Church, 325 E. Franklin Street, **Appleton, WI.** ID: 788 733 701, PW: 252666. Enter via the carport entrance, downstairs LL111. **NOTE:** NO meetings on snow days or church holidays!

Tuesday - 10:00AM Hope Renewed AFG InPerson Mtg, Faith Community Church, N2541 Country Road K, **Waupaca, WI.** Enter via the middle entrance, then right through double doors, then the first door on the right.

Tuesday - 7:00PM Step into Recovery AFG InPerson Mtg, Zion Lutheran Church, 1254 Union St., **Shawano, WI.** Meeting held in the library.

District 7

Wednesday - 6:30PM Mamas and Papas AFG, InPerson Mtg, Options Treatment Programs
1000 N. Lynndale Drive, **Appleton, WI.**

Thursday - 9:00AM One step at a Time AFG. Zoom Mtg. Meeting ID: 788 733 701, PW: 252666

Thursday - 6:30PM Hope Renewed AFG InPerson Mtg
Faith Community Church, N2541 County Road K, **Waupaca, WI.** Enter via middle entrance doors,, then right through double doors, first door on the right.

Thursday - 7:00PM Thursday Night AFG InPerson Mtg. Methodist Church, 24 13th Street, **Clintonville, WI.** 13th street entrance, down hall, room at end on right side. (AA also meets upstairs)

Thursday - 7:30PM Thursday How AFG Works - (Book Study), Zoom Mtg. Meeting ID: 788 733 701, PW: 252666.

Friday - 10:00AM AFG Friday Morning At Genesis Club. InPerson Mtg, Genesis Club, 1213 N. Appleton Street, **Appleton, WI.,** Meeting rooms on the first floor.

Friday - 7:00PM Friday Night Meeting InPerson Mtg.
First Congregational United Church of Christ, 724 E. South River Street, **Appleton, WI.,** follow main hall to board room on the left

Friday - 8:00PM Kaukauna Friday Night AFG, Hybrid Mtg. Mtg ID: 788 733 701, PW: 252666. Peace United Methodist Church, 2300 E. Wisconsin Avenue, **Kaukauna, WI.** Enter via the carport entrance, follow the hallway to stairs on the right (there is also an elevator). Go to the second room on the right. (AA also meets in separate rooms).

Saturday - 8:00AM Saturday Morning Early Risers AFG. InPerson Mtg. First Presbyterian, 100 Presbyterian St., **Shawano, WI.** Park in the parking lot, Entrance by tree.

Saturday - 10:00AM Saturday Morning AFG. Hybrid Mtg, St Bernard's Church, 1617 W Pine Street, **Appleton, WI.** Meeting ID: 788 733 701, PW: 252666
Enter via Door #2, then follow signs into classroom #1.

Thoughts to remember

- Alcoholism is a disease that sometimes affects the behavior of alcoholics.
- Try at least six meetings before deciding whether Al-Anon or Alateen is for you. Don't expect too much too soon.
- Keep an open mind. Take what you like from the meetings and leave the rest.
- Everything said at meetings is confidential.
- We will protect your anonymity and ask that you protect ours.
- During a meeting, please feel free to share if you're comfortable or "pass" and just listen.
- To work program, we've found these ideas to be helpful:
 - o Read as much as possible about alcoholism
 - o Call people on the Al-Anon/Alateen phone list
 - o Develop a trusting relationship with a sponsor
- Al-Anon is a spiritual program, not religious.
- There are no dues or fees for membership; we are fully self-supporting through voluntary contributions
- At the end of our meetings, we often share hugs. Please feel free to accept them or not.

Al-Anon meetings link:

www.al-anon.org/al-anon-meetings/

District 7 Contacts:

Doug H. DR Email:

district7afg1@gmail.com

Reno G. Alt DR Email:

district7afg1@gmail.com

WELCOME

The Al-Anon/Alateen Family Groups are a fellowship of friends and relatives of alcoholics who share their experience, strength, and hope in order to solve their common problems.

We believe that alcoholism is a family illness and that changed attitudes can aid recovery. The primary purpose of Al-Anon and Alateen Family Groups is to help friends and family members of alcoholics whether the alcoholic is still drinking or not.

Here you'll meet others who have gone through experiences similar to yours. You can share your story in comfort, knowing that your anonymity is protected. You'll find Al-Anon/Alateen literature and materials as well as other tools to help you get back the sanity and serenity you deserve.

As a newcomer, you may feel that you're here for the alcoholic . . . that you may learn how to stop his or her drinking. The truth is that you're here because of the alcoholic and not for the alcoholic. You'll learn that you did not cause the alcoholic to drink, that you cannot control his or her drinking, and that you can't cure the alcoholic. You're here for yourself. This is your program, your recovery from the effects of the disease of alcoholism.

Keep Coming Back . . .

Is Al-Anon/Alateen for Me?

Millions of people are affected by the excessive drinking of someone close, perhaps a family member, coworker, friend, or neighbor. Take a look at these questions to see if Al-Anon or Alateen may help you.

- Do you worry about how much someone else drinks?
- Do you tell lies to cover up for someone else's drinking?
- Do you feel that there's no one who understands your problems?
- Do you feel that drinking is more important to your loved one than you are?
- Do you make threats such as, "If you don't stop drinking, I'll leave you"?
- Do you secretly try to smell the Drinker's breath?
- Have you considered calling the police for help in fear of abuse?
- Do you search for hidden alcohol?
- Are you losing sleep or time from work or school because of problems related to someone else's drinking?

If you answered "yes" to any of these questions, please consider attending an Al-Anon or Alateen meeting. You'll find people who have been through experiences similar to yours who can help you regain the sanity and serenity that you deserve.

It works, if you work it.

Al-Anon Meetings List

District 7, Revised 8/2/23

**Are you troubled by
someone's drinking?
Al-Anon/Alateen
can help.**

www.Al-Anon.org

**Al-Anon Meeting Information Line
1-888-4AL-ANON
(1-888-425-2666)**

**– District 7 –
Serving Outagamie, Shawano,
and Waupaca counties as well as
Neenah–Menasha area of
Wisconsin**

**Al-Anon/Alateen Family Groups:
Providing Strength and Hope for
Family and friends of Alcoholics**